

RETIRED TEACHERS' ASSOCIATION OF MANITOBA CLAIMS SUBMISSION FREQUENTLY ASKED QUESTIONS

Dear RTAM Members:

We know that your benefit coverage is important to you. The Retired Teachers' Association of Manitoba (RTAM) and your RTAM benefits provider Johnson Inc. want to ensure that Members have a clear understanding of their benefit coverage, as well as the claims submission process. Many of you may be new to the RTAM Benefit Plan and have yet to submit a benefit claim, or it may have been a while since submitting a claim. The following is a summary of the claims process for the various benefit options available to RTAM Members and recent enhancements to electronic claim submission.

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EXTENDED HEALTH CARE (EHC) PLAN

1. HOW DO I SUBMIT AN EXTENDED HEALTH CARE CLAIM ELECTRONICALLY? WHERE DO I GET A PAPER CLAIM FORM?

Most claims can now be submitted electronically. All members will be supplied with a health card which allows service providers to submit electronic claims on your behalf. Present your card to participating pharmacists, dentists, chiropractors, physiotherapists, opticians, optometrists, massage therapists, acupuncturists and other providers. Johnson Inc. will be invoiced for eligible expenses and you will only be asked to pay the remaining portion.

Note: The health card only works for healthcare providers signed up to participate in the Telus eClaims system.

In the event an electronic submission cannot be made, please pay for the purchase or service and submit the original receipt(s) for reimbursement to Johnson Inc. using your personalized claim form.

Note: Reimbursement for some services such as ambulance or hospital can be assigned directly to the provider.

An Extended Health Care claim form would have been included in your initial enrolment package. Upon each paper claim submission, a new personalized claim form will be sent to Members in the same package as the claim's verification receipt following a claim. You can also access additional personalized claims forms through the Johnson Inc. Members Only Website at: www.johnson-insurance.com/Members-Only, or by contacting Johnson Inc.'s Claims department at:

JOHNSON INC. – CLAIMS DEPARTMENT Toll Free: 1-877-413-6599 Telephone: (780) 413-6599 Email: pbclaimswest@johnson.ca 8:30 a.m. to 4:30 p.m. MST, Monday through Friday.



2. I AM NEW TO THE RTAM PLAN. HOW DO I GET MY PRESCRIPTIONS DIRECT BILLED TO THE PLAN?

When you go to your pharmacist, provide them with your Johnson Inc. health card. They will pull up the RTAM plan on their system and have the covered amount directly billed to the Plan. If they are having difficulty accessing your plan details, please have them contact Johnson Inc.'s Pharmacy Assistance line at:

Toll Free: 1-866-773-5467 8:30 a.m. to 4:30 p.m. MST, Monday through Friday.

3. MY PHARMACIST AND HEALTHCARE PROVIDER CANNOT SUBMIT MY CLAIM ELECTRONICALLY. HOW DO I CHANGE THIS?

On the back of your card, there is contact information for your pharmacy should they have any questions or concerns regarding electronic submission of prescription drugs. At this point, Johnson Inc. can assist them with any error that may be occurring or instruct them on how to sign up to do electronic invoicing with Johnson Inc.

Plan members can ask their healthcare providers directly if they are a part of the Telus eClaims system, or they can find the information online at **www.telushealth.com/solutions-for-consumers**. Just submit your postal code for the nearest providers using eClaims. If your healthcare provider is not yet set up with eClaims and would like to be, they can visit the website **www.telushealth.com/eclaims** or contact them directly at: **1-866-240-7492**.

In the event that your pharmacist or healthcare provider does not use direct billing, please incur the cost of your prescription or service and retain the receipt to submit a manual Extended Health Care Claim. Fill out an Extended Health Care Claim form, include the original unaltered receipt(s), and submit it to:

JOHNSON INC. Plan Benefit Claims 11120 – 178 Street Edmonton, AB T5S 1P2

4. HOW LONG UNTIL I AM REIMBURSED FOR MY EXTENDED HEALTH CARE EXPENSE?

The Johnson Inc. Claims department processes claims within 5 business days of receiving a submitted claim. Please allow a further 3 to 5 business days to account for the time it takes to arrive through the postal system.

Note: One way of expediting payment is to enlist in the electronic deposit option. This can be done by providing a blank check marked "VOID" with your next claim's submission and a note stating you would like the funds to be electronically deposited. This information will be kept on file for future payments.

5. HOW LONG DO I HAVE TO SUBMIT AN EXTENDED HEALTH CARE CLAIM?

Written proof of an eligible claim must be submitted to Johnson Inc. by the end of the Calendar Year following the year in which the claim was incurred. For example, if a claim is incurred on September 1, 2014, a claimant will have until December 31, 2015 to submit the eligible expense for reimbursement. In the event coverage has been cancelled, final claims must be received by Johnson Inc. within 90 days of termination of the plan.

6. WHY DO I HAVE TO MAIL MY ORIGINAL UNALTERED RECEIPTS AND INVOICES?

Insurance companies require original unaltered receipts and invoices to validate claim submissions and to ensure that the coordination of benefits is done accurately. In the event that your RTAM plan is the second payor after another private plan, Johnson Inc. will require photocopies of your receipts/invoices along with the original Explanation of Benefits from the first payor.



Payments under all policies or plans (including this plan), shall be co-ordinated so that total payment does not exceed 100% of the eligible expenses incurred. This means that when the Insured Person is entitled to similar payments under one or more plans, payments under this Plan will be reduced so that they do not exceed 100% of eligible expenses incurred, after taking into account payments from the other plans. For more information on the co-ordination of benefits provision under the RTAM plan, please refer to your Certificate of Insurance.

7. WHY WAS MY PRESCRIPTION NOT COVERED OR ONLY PARTIALLY COVERED?

Eligible prescription drug expenses reimbursed by the RTAM **Core Plan** will be based on the lowest cost alternative price of the drugs on the Manitoba Drug Benefits and Interchangeability Formulary. Drugs not on the formulary list will not be covered under both the **Core Plan and Enhanced Plan**.

The Manitoba drug Benefits and Interchangeability Formulary lists therapeutically effective drugs of proven high quality that have been approved as eligible benefits under the Pharmacare drug benefit program. It also includes a list of interchangeable drugs for brand name drugs with generic equivalents. The Formulary is complied with the recommendations of the Common Drug Review and the advice of the Manitoba Drug Standards and Therapeutics Committee, assisted by Manitoba Health staff. More information can be found on the website http://www.gov.mb.ca/health/mdbif/index.html.

FOR MORE INFORMATION ON SUBMITTING EXTENDED HEALTH CARE CLAIMS, PLEASE CONTACT:

JOHNSON INC. - CLAIMS DEPARTMENT Toll Free: 1-877-413-6599 Telephone: (780) 413-6599 Email: pbclaimswest@johnson.ca 8:30 a.m. to 4:30 p.m. MST, Monday through Friday

DENTAL CARE PLAN

1. HOW DO I SUBMIT A DENTAL CLAIM?

At your dental office, provide them with your Johnson Inc. Health and Dental Plan card. This will supply them with the information they need to automatically bill the covered amount to your insurance plan through the CDAnet system.

2. MY DENTAL OFFICE WAS UNABLE TO DIRECTLY BILL THE RTAM BENEFIT PLAN FOR MY DENTAL CHECK-UP. WHAT DO I DO?

Johnson Inc. will walk the dental office through the process of directly billing the plan through the CDAnet system. Please ask your dental office to contact Johnson Inc.'s Claims department at:

JOHNSON INC. - CLAIMS DEPARTMENT Toll Free: 1-877-413-6599 Telephone: (780) 413-6599 Email: pbclaimswest@johnson.ca

If your dental office does not have the capabilities to bill through the CDAnet system, they will need to complete a standard dental claim form (SDCF), have you sign it, and mail it to Johnson Inc.'s Claims department.



3. HOW DO I KNOW IF A DENTAL PROCEDURE IS COVERED UNDER THE RTAM BENEFIT PLAN?

Your dental office will be able to submit a coverage request by mail only, for specific dental procedures. This preapproval process will allow you to first determine whether a procedure is covered under the Plan and to what dollar amount, prior to undergoing the dental procedure. You will receive a copy of the pre-approval results, to determine how much of the procedure would be covered under the Plan. Please allow 2 to 4 weeks to receive this information by mail.

Note: Major Restorative procedures require a pre-treatment plan including the itemized services to be performed, the itemized charges for each service, and when required, must be supported by x-rays.

FOR MORE INFORMATION ON SUBMITTING DENTAL CARE CLAIMS, PLEASE CONTACT:

JOHNSON INC. - CLAIMS DEPARTMENT Toll Free: 1-877-413-6599 Telephone: (780) 413-6599 Email: pbclaimswest@johnson.ca 8:30 a.m. to 4:30 p.m. MST, Monday through Friday.

PREMIER TRAVEL PLAN – OUT-OF-PROVINCE/COUNTRY EMERGENCY MEDICAL

1. WHO DO I CALL IN THE EVENT OF A MEDICAL EMERGENCY WHILE TRAVELLING?

Contact your Emergency Assistance Help Line – **SIGMA ASSISTEL**. You must **ALWAYS** call **SIGMA** before you seek emergency medical treatment, in the event of a Trip Cancellation claim prior to departure, or a Trip Interruption post departure. If you are unable to call because you are medically incapacitated, someone else (such as a relative, friend, nurse, physician or medical provider) must contact **SIGMA** on your behalf as soon as is reasonably possible.

At first onset of symptoms of a medical emergency and before you seek medical attention, contact the 24-hour **SIGMA Assistel Centre**. Immediate contact to the **SIGMA** is necessary to ensure expenses are covered. Call the following numbers on your Wallet I.D. card, any time of day or night:

SIGMA ASSISTEL:

Canada/USA (Toll Free): 1-877-775-3695 Other Countries (Call Collect): (514) 875-3695 Or Fax (514) 875-7729

2. WHAT WILL I NEED WHEN I CALL SIGMA?

You will need:

- Your Provincial Health Insurance Number;
- Your Certificate Number (shown on your coverage confirmation letter).
- Your Sigma Policy# 644182 (shown on your wallet I.D. Card)

3. WHAT HAPPENS WHEN I CALL SIGMA ASSISTEL?

Sigma Assistel will orchestrate the following with you over the phone:

- Refer you to a physician or hospital within its network that can best provide the care you require.
- Make arrangements for payment of eligible expenses on your behalf. Do not assume that a hospital will make these arrangements with Sigma when you show your I.D. card.



- Advise your family and travelling companions that they should call on your behalf if you are unable to do so.
- When necessary, Sigma Assistel will make all transportation arrangements for emergency evacuation, transportation of a family member to your bedside and return of a vehicle.

4. WHAT DO I DO WITH MY EXPENSE RECEIPTS?

Wherever possible, the payment of medical services you receive will be coordinated through Sigma, communication with your medical provider. **KEEP ALL OF YOUR ORIGINAL RECEIPTS** for proof of claim in the event you are required to make payment yourself. When you contact the **Sigma Assistel** Centre you are providing "Notice of Claim". This call prompts Sigma to mail out the applicable claim form for you to complete and remit back to them. To request your claim form and provide "notice of claim", please contact:

SIGMA ASSISTEL: Canada/USA (Toll Free): 1-877-775-3695 Other Countries (Call Collect): (514) 875-3695 assistance@globalexcel.com

Please send your expense receipts with claim form to:

Desjardins Financial Security (AttentioN: Claims Department) C.P. 3950, Lévis, Québec, G6V 8C6

5. WHAT CAN I PROVIDE AS "PROOF OF DEPARTURE" IN THE EVENT OF A CLAIM?

Your coverage for Emergency Medical Insurance benefits and Trip Interruption and Delay Insurance benefits for each trip begins on your day of departure from your province or territory of residence.

If you have a claim, you will be required to provide proof of the day of departure from your province or territory of residence. The proof of departure must always identify either the member or spouse (by name and location). Proof of your day of departure includes:

- A border crossing receipt;
- Duty free receipt;
- Airline ticket or boarding pass;
- Stamped passport;
- Credit card receipt;
- Signed and dated bank or financial institution documents; or,
- Any signed and dated document that proves you were in your province or territory of residence the day before your scheduled day of departure.

6. I HAVE ALREADY SUBMITTED MY CLAIMS RECEIPTS. WHY DO I KEEP RECEIVING PHYSICIAN OR HOSPITAL BILLS?

Sometimes it takes a while for a medical practitioner's system to verify that they have received payment. Do not be concerned. Please forward the receipts immediately to:

DESJARDINS FINANCIAL SECURITY (ATTENTION: CLAIMS DEPARTMENT)

C.P. 3950, Lévis, Québec, G6V 8C6



7. IS THERE ANYTHING I SHOULD DO BEFORE I TRAVEL?

In order to simplify and expedite the payment of any travel claim, please consider the following:

- Make sure you understand your coverage: The plan covers you for emergencies only, outside of your province or territory of residence. An emergency is a sudden and unforeseen sickness or injury that requires immediate medical attention. In the event of a claim, the insurer may request your medical history from your physician. *Note: The governing document is your Certificate of Insurance available at www.johnson.ca/rtam.*
- If you require medication for an ongoing condition, remember to bring enough with you for the duration of the trip. It is also a good idea to carry a copy of your eyeglass prescription.
- Be sure your coverage is in force with your Provincial Health Insurance Plan and that you meet the residency requirements for your province.
- You will be REQUIRED TO PROVIDE PROOF OF DEPARTURE in the event of a claim (see #5 above). Proof can take any form so long as it identifies your name, specifies the date and indicates that the transaction took place in your province of residence.

8. HOW LONG DO I HAVE TO SUBMIT A PREMIER TRAVEL CLAIM?

You must submit notice of the claim to **Sigma Assistel** within thirty (30) days after the medical emergency occurs, or as soon as is reasonably possible thereafter. A telephone call to **Sigma Assistel** to report the claim will be considered "Notice of Claim" under the terms of the policy. Written proof of claim must be submitted within 90 days after the date of the medical emergency, but not more than 12 months after the date of the medical emergency.

FOR MORE INFORMATION ON THE TRAVEL COVERAGE AVAILABLE TO RTAM MEMBERS, PLEASE

CONTACT:

JOHNSON INC. - SERVICE DEPARTMENT Toll Free: 1-877-989-2600 Telephone: (780) 413-6536 Email: pbservicewest@johnson.ca 8:30 a.m. to 4:30 p.m. MST, Monday through Friday.

MEDOC TRAVEL

1. WHO DO I CALL IN THE EVENT OF A MEDICAL EMERGENCY WHILE TRAVELLING?

Contact your Emergency Assistance Help Line – **MEDOC** Claims Assistance Centre (Global Excel). You must **ALWAYS** call the **MEDOC** Claims Assistance Centre (Global Excel) before you seek emergency medical treatment, in the event of a Trip Cancellation claim prior to departure, or a Trip Interruption post departure. If you are unable to call because you are medically incapacitated, someone else (such as a relative, friend, nurse, physician or medical provider) must contact the **MEDOC** Claims Assistance Centre on your behalf as soon as is reasonably possible.

At first onset of symptoms of a medical emergency and before you seek medical attention, contact the 24-hour **MEDOC** Claims Assistance Centre (Global Excel). Immediate contact to the **MEDOC** Claims Assistance Centre is necessary to ensure expenses are covered. Call the following numbers on your Wallet I.D. card, any time of day or night:

GLOBAL EXCEL: 1-800-709-3420 in the U.S. or Canada (819) 566-1002 collect from anywhere else



2. WHAT WILL I NEED WHEN I CALL GLOBAL EXCEL?

You will need:

- Your Provincial Health Insurance Number;
- Your MEDOC Certificate Number (shown on your coverage confirmation letter and MEDOC wallet I.D. card).

3. WHAT HAPPENS WHEN I CALL GLOBAL EXCEL?

Global Excel will orchestrate the following with you over the phone:

- Refer you to a physician or hospital within its network that can best provide the care you require.
- Make arrangements for payment of eligible expenses on your behalf. Do not assume that a hospital will make these arrangements with Global Excel when you show your I.D. card.
- Advise your family and travelling companions that they should call on your behalf if you are unable to do so.
- When necessary, Global Excel will make all transportation arrangements for emergency evacuation, transportation of a family member to your bedside and return of a vehicle.
- Coordinate claims payment from your Provincial Government Health Insurance Plan and any other plan in which you are enrolled.

4. WHAT DO I DO WITH MY EXPENSE RECEIPTS? WHERE DO I GET A PAPER CLAIM FORM?

Wherever possible, the payment of medical services you receive will be coordinated through the **MEDOC** Claims Assistance Centre, communication with your medical provider. **KEEP ALL OF YOUR ORIGINAL RECEIPTS** for proof of claim in the event you are required to make payment yourself. When you contact the **MEDOC** Claims Assistance Centre (Global Excel) you are providing "Notice of Claim". This call prompts Global Excel to mail out the applicable claim form for you to complete and remit back to them. To request your claim form and provide "notice of claim", please contact:

GLOBAL EXCEL: 1-800-709-3420 in the U.S. or Canada (819) 566-1002 collect from anywhere else assistance@globalexcel.com

5. WHAT CAN I PROVIDE AS "PROOF OF DEPARTURE" IN THE EVENT OF A CLAIM?

Your coverage for Emergency Medical Insurance benefits and Trip Interruption and Delay Insurance benefits for each trip begins on your day of departure from your province or territory of residence.

If you have a claim, you will be required to provide proof of the day of departure from your province or territory of residence. The proof of departure must always identify either the member or spouse (by name and location). Proof of your day of departure includes:

- A border crossing receipt;
- Duty free receipt;
- Airline ticket or boarding pass;
- Stamped passport;
- Credit card receipt;



- Signed and dated bank or financial institution documents; or,
- Any signed and dated document that proves you were in your province or territory of residence the day before your scheduled day of departure.

6. HOW LONG DO I HAVE TO SUBMIT A MEDOC TRAVEL CLAIM?

You must submit notice of the claim to the **MEDOC** Claims Assistance Centre within thirty (30) days after the medical emergency occurs, or as soon as is reasonably possible thereafter. A telephone call to the **MEDOC** Claims Assistance Centre to report the claim will be considered "Notice of Claim" under the terms of the insurance.

Within 90 days after the date of the medical emergency, but not more than 12 months after the date of the medical emergency you must submit written proof of claim. Incomplete or incorrect claim forms will be returned and may delay the claim processing. If, for any reason, you arrange treatment and pay the eligible expenses, you must provide supporting documentation. You are responsible for any expenses incurred for any necessary documents required for the purpose of adjudicating a claim.

7. I HAVE ALREADY SUBMITTED MY CLAIMS RECEIPTS. WHY DO I KEEP RECEIVING PHYSICIAN OR HOSPITAL BILLS?

Sometimes it takes a while for a medical practitioner's system to verify that they have received payment. Do not be concerned. Please forward the receipts immediately to the address on your claim form.

GLOBAL EXCEL: 1-800-709-3420 in the U.S. or Canada (819) 566-1002 collect from anywhere else assistance@globalexcel.com

8. IS THERE ANYTHING I SHOULD DO BEFORE I TRAVEL?

In order to simplify and expedite the payment of any travel claim, please consider the following:

- Make sure you understand your coverage: The plan covers you for emergencies only, outside of your province or territory of residence. Coverage for each trip begins on your day of departure from your province or territory of residence.
- If you require medication for an ongoing condition, remember to bring enough with you for the duration of your trip. It is also a good idea to carry a copy of your eyeglass prescription.
- Be sure your coverage is in force with your Provincial Health Insurance Plan and that you meet the residency requirements for your province.
- Ensure you have purchased the Plan that covers the duration of your trip: the 17-day Base Plan, the 35-day Base Plan, or the Supplemental Plan, which includes trips under the 35-day Base Plan and a single trip longer than 35 days up to a maximum number of days allowed under your Provincial or Territorial Health Insurance Plan in your province or territory of residence.
- You will be REQUIRED TO PROVIDE PROOF OF DEPARTURE in the event of a claim (see #5 above). Proof can take any form so long as it identifies your name, specifies the date and indicates that the transaction took place in your province of residence.



STAND ALONE TRIP CANCELLATION/INTERRUPTION & BAGAGE INSURANCE

1. WHO DO I CALL IF I HAVE TO CANCEL OR INTERRUPT MY COVERED TRIP?

Contact the Global Excel Cancellation Desk immediately at:

Canada and USA: 1-877-644-4215 Or Collect: +819-566-4215

2. WHAT HAPPENS WHEN I CALL GLOBAL EXCEL?

In the event of a claim, you must contact Global Excel Cancellation Desk on the day the insured risk occurs or on the next business day to advise Global Excel of your cancellation or interruption. Failure to notify Global Excel limits the benefits payable to you. When you call Global Excel, be prepared to provide the following information:

- Your name;
- Your Global Excel Policy #1225955, as shown on you walled I.D. card;
- Your contracted dates of travel for the covered trip;
- The reason why you are cancelling or interrupting your covered trip; and
- The telephone, fax number and/or e-mail address where you can be contacted immediately.

3. WHAT SHOULD I DO WHILE TRAVELING AS A PRECAUTION IN THE EVENT OF A CLAIM?

Remember to:

- Keep all original invoices and/or receipts for payment and confirmation of your coverage in a safe place.
- Keep your benefit booklet with you at all times during your covered trip.

4. HOW DO I SUBMIT A TRIP CANCELLATION/INTERRUPTION CLAIM?

You will need to submit the following:

- A claim form (available by contacting Global Excel) fully completed and signed by you, as well as by your regular attending physician or the physician actively attending to your care who is recommending that you do not travel on the dates of your covered trip.
- Original invoices receipts for transportation, meals and accommodation and transfer vouchers.
- Original airline tickets. If any part of the airline ticket is refundable (taxes or penalty) please proceed first with the refund and send Global Excel a copy of the airline ticket and proof of refund.
- Original receipts as proof of payment for your covered trip showing date(s), amount(s) paid, travel agency service fees and penalties.

Send all applicable documents listed above to Global Excel at:

GLOBAL EXCEL MANAGEMENT INC. 73 Queen Street

Sherbrooke, Québec J1M 0C9



5. HOW DO I FILE A CLAIM UNDER BAGGAGE AND PERSONAL EFFECTS?

IMPORTANT – In the event of loss due to theft, burglary, robbery or malicious mischief, you must notify and obtain supporting documentary evidence from the police immediately upon discover. Failure to report the loss to the police shall invalidate any claim under the policy for such loss. To file a lost baggage claim, you must:

- Take all reasonable steps to protect, save and/or recover the property;
- Notify Global Excel of the loss within 24 hours;
- Promptly notify and obtain supporting documentary evidence from the transportation authorities in whose custody the insured property was at the time of loss or promptly notify the hotel manager, tour guide or police; and
- Provide adequate proof of loss, ownership and actual cash value within 90 days from the date of loss.

6. HOW DO I SUBMIT A CLAIM UNDER BAGGAGE AND PERSONAL EFFECTS?

For loss, submit the following to the address listed on your claim form:

- Submit a claim form (available by contacting Global Excel) fully completed and signed by you;
- A report by the police and the authorities in whole custody the insured property wa at the time of loss;
- Adequate proof of loss, ownership and itemized value along with a detailed statement with 90 days from the date of loss;
- A Property Irregularity Report when luggage is lost or damaged while in custody of the airline or common carrier; and,
- Adequate proof of home insurance coverage and/or amount of deductible (if applicable).

For baggage delay, submit the following to the address listed on your claim form:

- Original itemized receipts for expenses actually incurred;
- A copy of the baggage claim ticket;
- A copy of your airline ticket;
- A copy of the airline report confirming the delay of your checked baggage including the reason and the duration of the delay; and,
- A copy of the delivery receipt for your checked baggage.

FOR MORE INFORMATION ON THE TRAVEL COVERAGE AVAILABLE TO RTAM MEMBERS, PLEASE

CONTACT:

JOHNSON INC. - SERVICE DEPARTMENT Toll Free: 1-877-989-2600 Telephone: (780) 413-6536 Email: pbservicewest@johnson.ca 8:30 a.m. to 4:30 p.m. MST, Monday through Friday.

